UKTJA Coach - Record of Achievement Lower Blue (4th Kyu)



Students Name:	Club								
Description			Date	Date	Date	Date	Date	Date	Met/ Not Met
Coach - Level 9									
Tanto Techniques (Sport) - Section F									
Irimi Nage									
Osoto Makikome									
Hiki Otoshi									
Sumi Otoshi									
(Drop) Seoi Nage									
Knowledge of Standing Judo Reaps - Section G									
O-Soto Gari, (Major Outer Reaping)									
O-Uchi Gari, (Major Inner Reaping)									
Ko-Soto Gari, (Minor Outer Reaping)									
Ko-Uchi Gari, (Minor Inner Reaping)									
Okuri Ashi Harai, (Following Foot Sweep)									
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Instructors Signature:	Date:	Students Signature:				ı	Date:		